

# Financial First Aid

## SWINDON

If someone you support was struggling with money, would you know how to respond?

**Our practical workshop equips you with confidence and skills to have money conversations with your service users.**

- recognise the signs of financial stress and understand the impact of money worries
- learn practical money management and budgeting tools
- know where to signpost for more help
- find out how Crosslight's debt advice and money skills options can help your service users



**Monday 18 May 2026**

**12 - 2.30pm**

OR

**Wednesday 3 June 2026**

**10am - 12:30pm**

Online via Teams

**More information & sign-ups:**

**[themoneycourse.org/  
ffa-swindon](https://themoneycourse.org/ffa-swindon)**

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