

Do you help to look after someone?

If you are looking after an ill or disabled parent, child, brother/sister or other family member, partner or friend, then you are a carer. A child and a parent can be a carer.



The person you help look after may be elderly, have a physical or mental health condition, a learning disability or a drug or alcohol dependency.

If you think you or your child are a carer, our school can support you. Contact the school office to find out support available.



Contact Swindon Carers Centre for support available in Swindon.
www.swindoncarers.org.uk
01793 531133
Email carers@swindoncarers.org.uk