



Foundation Stage Home learning ideas

Spring Term 2 2026

Theme: Growing and change



Here are some suggestions of things you could try at home linked to our current topic. If you do complete some of these then bring them in to share with us.

Can you plant a seed at home and watch it grow? What do you need to do to look after it?

Have a look at some of the lovely flowers growing, can you name any parts of the flower? Maybe draw a picture of a pretty flower you find?



Write your own Spring acrostic poem. Write the word spring down the page and then write a word about spring which starts with each letter. Think of describing words you could use, possibly colours, smells, and sounds you may hear

Can you find and name different shapes around your home or environment. Is it a flat shape or 3D shape?

Can you spot patterns? Can you make and explore your own patterns using objects or art materials?

Can you make an outline of your body and write words to label different parts of the body? Or maybe put sticky notes on a dolly or teddy bear?

Can you look at pictures of when you were a baby and talk about how you have changed? Look at photos of other members of your family when they were younger, what do you notice?

Create a garden picture collage by cutting images from magazines/newspapers/printing out pictures from the internet or collecting real natural objects from the garden or from when you go out and about.

Try out this experiment to see what happens: Celery changing colour experiment – Can also work with daffodils <https://www.youtube.com/watch?v=oiBLKRjr4Mc>

Can you collect different petals and make your own perfume or potion?

Can you make a picture of a healthy meal? Or help your grown up to make a healthy meal for dinner?

Can you take part in a daily physical activity or challenge? Can you make up your own exercise routine or obstacle course?

Whatever you do, make sure you have lots of fun!